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Greetings!

Jeffrey and I are looking forward to this New Year and are very open to the opportunities that will greet us.

We are thoroughly enjoying where we live and are within a 5 hour radius of three of our kids and grandkids. My oldest daughter, Maria and our other grandkids live in the midwest. They are talking about moving to Arizona and we have our fingers crossed that it all works out for them when they are ready!

Tinkerbell our kitty and traveling companion, spent 18 years with us and finished her service this Before we left California she was not January. doing very well and I mentioned to her that we would be moving to Oregon and she could come with us or she could rest with her old buddy, our Pomeranian, Bushi. Bushi was our other traveling companion who passed in 2010. Well Tink decided she was going to get better and make the trip with us. She got back into the groove of traveling (was not sure she would as it had been 10 years since she had a long trip) and it took 3 long days to get here due to hauling our belongings. She did fine living in the travel trailer for 3 months and then moving into our home last September. We started seeing the signs of her beginning to deteriorate in the fall. She is now free to roam and her presence is always welcome!

In the beginning of our Spiritual adventure we lived in Washington State. Before we left and moved across country to North Carolina our cat, Unique, was diagnosed with lymphatic cancer and the Vet gave her a few weeks to live. He put her on something to make her comfortable. I did not know that Jeffrey was working with her and so was I, both giving her energy to use however she chose, be it healing or transition. Two weeks later I took her back to the Vet for her checkup and he asked if it was

the same cat because she was completely free and clear of the visible signs of cancer. I said yes and he could not understand how it could possibly be gone. He asked what we did and all I said is she must have 9 lives and smiled. The bottom line: we moved across country and she came with us until we found a home (out of our RV) which was close to a year later and her service was done. Tinkerbell did the same thing.

Miracles (or is it just a normal part of life?) do happen in our lives and Jeffrey and I are always amazed and blessed with these events. Anyone can talk about faith, experiencing it in all different ways has given us an appreciation of what is possible and that there is so much more here than what we can see. The blessing of awareness is what it takes to realize the depth and expansiveness of what sits before us and who we truly are.

These events changed how we look at life overall and we wish you the same!

Much Love,







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Fear is running rampant planetary wide, encumbering the analytical minds, as people sense a loss of control. The perception tends toward negative rather than positive as many follow and feed off the fears of each other.

You are in your evolutionary growth process, which has intensified and now runs at a steady rising momentum in your present time. The dense energy activates in mass during an intense expansion period. This energy must rise up, be accounted for, dealt with and removed so that the light may penetrate all in its wake. Through each step of this glorious transition, crucial roles are filled in perfect timing to accommodate a successful outcome. You are one with your planet, as it shifts, so must you. She releases and discards the old (cyclic earth changes) in order to assimilate the new.

Your media raises doubts and fears by distorting truth. It is a natural state of a human mind to hold on to what it knows rather than accepting the unknown. Be neutral regarding what you hear externally, and follow your heart as it speaks truth from within. Truth does not offer ambivalence!

For ease on the extension of your enlightenment allow your path to unfold with a Spirit of adventure, the playfulness of a child, allow yourself to walk thru discomfort and validate your truth. There will be hurdles to jump, bridges to cross and a sense that all is well regardless of the mind and its attempts to grasp control. Living in truth sets you on a path of grace.

We Wish You grace in your transition, trust in your ability to see beyond the familiar and faith in what awaits you.

"Fear is the main source of superstition, and one of the main sources of cruelty. To conquer fear is the beginning of wisdom."

- Bertrand Russell

"When I despair, I remember that all through history the way of truth and love have always won. There have been tyrants and murderers, and for a time, they can seem invincible, but in the end, they always fall. Think of it--always."

Mahatma Gandhi

People who know us, also know that we are animal folks. We have had dogs and/or cats since we've been together. Well we still have our Tucker and Gidgyt, so as well as share pictures of those we lost, I thought I'd share those we still have serving us as only furry little angels can. They may leave our sight and our side, but never our hearts.

~Jeffrey



2002, during the move to California. They were tight.

A couple years later we got this little guy to keep Bushi Company. He's enjoying the cat nip a tad too much!





Within a couple of weeks of Bushi Passing all four of us were pining the loss. That's when we rescued this little girl.

Enter the 3 Amigos





Classic Photobomb, good job Tinkerbell!

Taken a couple weeks before we had to put her down, while never as playful as Bushi, Gidgyt and Tink were still cuddle buddies to the end. No Pun Intended.





"It's impossible" said Pride,
"It's risky" said Experience,
"It's pointless" said Reason,
"Give it a try" whispered the Heart.
~unknown