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# Welcome

FROM DIANE

Last year went amazingly fast and was quite the whirlwind on so many levels from personal adventures, unusual weather patterns to politics.

For our personal adventure, we spent a week over Thanksgiving with our daughter, Ashlee and her family which was a blast and so heartfelt. We met a lot of her friends and family and really enjoyed the interaction. We then headed to Bend Oregon where we met up with our friend, Pat and really enjoyed our time together although it was short. We also wanted to check out the area that we are wanting to move in the next few years. It is a very friendly and beautiful place that felt like home. Although, we will always be guided on the where and when as the time is appropriate. About 20 minutes into our drive heading home on Hwy 97 we hit black ice and the truck starting fish tailing, then got it under control and all of a sudden a car went by us and we started sliding sideways. We were now centered in between both lanes with a car hauler heading right toward us. Jeffrey touched the gas pedal to take us off the road and as we hit the dirt the trucks back end swung around facing us back toward Bend and then the truck rolled over towards my side. There was also another car that hit black ice and was heading toward us and they were able to correct it in time, thank God. Jeffrey had just had back surgery 2 months before and our dogs were in the back seat. But, we were all ok and had help from bystanders until the authorities showed up. We were delayed for a couple of days so a mechanic could make fixes to safely get us home. The firemen told us that Hwy 97 is one of the most dangerous highways in the

country. We were all so very blessed and definitely protected as our angels created a soft landing for all of us. The airbags did not even go off and no glass broke, although the truck's repair cost was a little over half of her value.

Weather patterns everywhere seem to be more and more intense. We have received a lot of rain and snow here in California compared to previous years and we really need it. The unfortunate part for California is that it is coming in faster than the ground can handle. Due to the abundant amount of fires that we had last year it creates mud and rock slides, as well as flash flooding. This escalating weather has been mentioned by Serione' in previous newsletters in which they said, "Atmospheric pressure fluctuations are also "normal" during cyclic changes when variations become erratic".

*Wishing you a Safe, Prosperous and Peaceful  
New Year!!!*

*Diane*



Sometimes you watch the road for danger, and it still gets you, and sometimes it's what you could not see that saves the day.

# With Love, From Serione

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(Channeled by Diane)

Your world is maturing into a new paradigm of unfamiliar depth. It is a time of renewal and reverberation. The division and discomfort felt by so many will ultimately balance out, with the acceleration of individual growth, and releasing old patterns and behaviors.

Chaos is a natural state during substantial transformations; creating internal expansion and escalating factions. It is very similar to a fight or flight response, due to fear and overwhelming unknowns. It is best to center yourself in solace during high states of imbalance.

As we have said before, weather patterns are cyclic and will continue on their path to balance, during this miraculous transformation, of Divine proportions. The growth patterns between Earth and her inhabitants run simultaneously and have a great affect in the outcome of one's life.

Avoiding growth will disrupt your daily life. How you perceive and the actions that you take will determine what manifests. That which emerges emboldens behavioral shifting, releasing old patterns, and forward movement. The momentum of this growth pattern continues to intensify: discouraging stagnancy and creating expansion. For ease of movement, allow your instinct to guide you and take action regardless of the fears of the mind.

Your greatest deficit is allowing analytical fear to paralyze your life. Know that there is so much here that benefits self as well as the whole which is truly beyond comprehension. The less resistance the smoother the path will be.

Too much knowledge and  
analysis can be paralysis.  
~Alejandro Gonzalez Inarritu

*We Wish You Ease and Grace on the Path of Enlightenment.*

*Serione*

You are the sum total of everything you've ever seen, heard, eaten, smelled, been told, forgot - it's all there. Everything influences each of us, and because of that I try to make sure that my experiences are positive.

~Maya Angelo



# JEFFREY'S PAGE

As Valentine's Day approaches, I look back and forward to our relationship. Diane and I are inseparably in love with each other, and we still enjoy dancing and romancing. But some of our perceptions have changed a little, such as the following, Valentine's Day staples.

**Like getting a  
Motel room**



**-OR a warm,  
cuddle by  
the Fire**

## BUT

**We still make time for each other:**



*Je t'aime plus qu'hier mais  
moins que demain.*

**I love you more than Yesterday, but less than tomorrow.**

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PLACE  
STAMP  
HERE



Behold, my friends, the spring is come;  
the earth has gladly received the  
embraces of the sun, and we shall soon  
see the results of their love!  
~Sitting Bull