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## *Happy New Year*

This is a wonderful year for Jeffrey and I as our family is growing. Our youngest daughter, Ashlee is having our Grandbaby in July and our youngest son, Richard is getting married during the summer. We are really looking forward to meeting everyone and spending time with friends and family.

We have the driven state to travel again, at least periodically. As many of you know we spent close to 9 years living and traveling in an RV. In 2007 when we bought our present home we were very happy that this house was not on wheels.

Imagine, it only took a little over 3 years to get the bug to travel again. The only difference between now and then is that we will not be permanently living it. We have had a travel trailer, a fifth wheel, and now we want the experience of a class c. It allows us mobility which we really miss and our furry kids will get to travel in a home setting instead of a truck.

My challenge is working past the fear of driving it so that Jeffrey also gets the chance to kick back and enjoy the scenery. When we moved to North Carolina I did not start driving there until a year later because of my fear of the traffic and getting lost. Fear is really powerful and can paralyze any movement forward and what we resist does persist. Here is a GRAND example of that:

Right after moving to Southern California Jeffrey and I went to the local veteran's administration (VA) to sign back up for health care as we are both veterans. After getting a basic checkup we were sent to the waiting room. Jeffrey's doctor walked up to us and said, "Jeffrey your heart is unstable and Diane you need to drive him to the VA emergency room in Los Angeles and I do not want him driving". This was the first time we heard of a heart condition which we later found out to be AFIB and also it was my first time of driving in Los Angeles. Needless to say I had white knuckles every bit of the 1 ½ hours it took to get there and they kept him overnight to monitor and stabilize his heart. By the time I left the hospital it was getting dark and I took a wrong turn and

got lost. I was not sure how to get on the highway until Serione' (my guides) said take a right into the gas station go to the alley take a left and another left. As you can imagine my fear as I questioned the alley. Just wanting to get home I followed instructions to the letter and it brought me to the highway and from there I found my own way home. So if you ever think you're alone...you are not.

We are looking forward to the excitement of embracing the open road again and all of the adventures that it has to offer. It is a passion that is truly fulfilling!!!

We wish everyone a year of abundance, health, success and the willingness to allow change regardless of how great or small it may be.

*Much Love*  
*Diane*



This picture of a juvenile bobcat was taken on 1/22/11 out our bedroom door. I had just told Diane, a day earlier, that I wanted a fresh picture for the newsletter's front page. I am so blessed to work from home.

With Love From  
**Serione'**

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*Channeled By Diane*

Opportunities are plentiful as it is an action oriented year. Movement is essential for internal growth and abundant outcomes. Those who have been stagnant will have a sense of relief as their path unfolds and becomes clear. It would require an opening of spontaneity in playfulness and freeing your mind of your woes to allow awareness.

As the earth continues her balancing you will witness much more unorthodox behavioral weather patterns continuing in intensity. Many places will change into more tropical and few will become uninhabitable. As we have mentioned before this is cyclic and completely natural. Perceived powers are stirring unnatural sentiments with no factual long term proof which creates chaos and confusion. What we would say is be a selective listener as the media has a tendency to spew naivety. It would require in depth research of several centuries and in some cases millennia to get the full understanding of the earth's restructuring.

As your political powers ride the waves of discontentment within their own parliaments, you will see tyranny increasing to its strongest point within the next few years. The voices of the people will continue to escalate and be heard with fluent perseverance until such time to where autonomy is a way of life and dictatorship converts into a synthesis of history.

The emotional unrest is a direct reflection of an internal chaos that is widespread. Personality diversity is enhanced during times of duality. Be aware that adversity assists in raising the consciousness to benefit the whole.

*...play produces feelings of pleasure which help you escape from two major creativity killers – stress and self-consciousness.*

*~ Jordan Ayan*

*Adversity has ever been considered the state in which a man most easily becomes acquainted with himself.*

*~ Samuel Johnson*

*Adversity is the first path to truth.*

*~ Lord Byron*

*We wish you Love and Peace  
during these years of duality.*

*Serione'*





# My 2 Cents...

Jeffrey's place to ramble

May the wintery cold of February be warmed by true love,



Yo quiero  
corned beef &  
cabbage



may march bring you reasons to celebrate with friends new and old,

and as you spring into April may life bring you basket loads of goodies.



Perseverance is not a long race; it is many short races one after another.

~Walter Elliott,  
The Spiritual Life

The difference between perseverance and obstinacy is that one comes from a strong will, and the other from a strong won't.

~Henry Ward Beecher

# Serenity News

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PLACE  
STAMP  
HERE



Awake, thou wintry earth -  
Fling off thy sadness!  
Fair vernal flowers, laugh forth  
Your ancient gladness!  
~Thomas Blackburn, "An Easter Hymn"